

COACH KUBICEK

Individualized Coaching

Make your next career move with confidence



What you'll achieve

Based on past client experiences, you can expect results like these:

- **Big, tangible changes at work and beyond** (client examples: job in a new industry, promotion, better sleep, transformed workspace, activism hobby, closer friendship)
- **Quick relief** from your biggest stressors
- More **peace** even amidst situational chaos
- **Clarity** about what you want
- More **confidence** in yourself, your strengths, and your decision making
- A deeper sense of **purpose** behind what you do
- **Self-coaching skills** to help you navigate life changes for years to come

How we'll get there

One-on-one coaching sessions for awareness, focus, and momentum (2x/month)

One-on-one email support to keep you moving forward between sessions (unlimited)

Digital check-ins for celebration, accountability, focus, and momentum (weekly)

Digital training content to learn and grow on your own schedule (see detail below)

Foundations (3 months)

Get back on the right track

6 one-on-one coaching sessions

3 months of email support

13 weekly check-ins

Career Clarity eCourse

Love Monday (6 months)

Create the work life you want

12 one-on-one coaching sessions

6 months of email support

26 weekly check-ins

Career Clarity eCourse

Client testimonials



“When I started to explore hiring a coach, I needed clarity and direction. Through Mandy's help, I found more calm, joy, and gratitude. In fact, she helped me focus on what is within your power to create actions for success. You will grow in both your professional and personal life with Mandy. She has an amazing presence and makes coaching fun. I would select Mandy to work with again!” – Sara

“When I started working with Mandy, I felt the pressure of needing to figure out what to do with my life. With her help, I am now working in jobs that I truly enjoy. I definitely recommend working with Mandy. She cheers you on, challenges you, helps you discover more about yourself, and has a wonderful sense of humor!” – Sarah



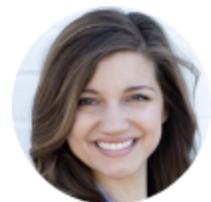
“Mandy broke through my chattering mind to provide some space for clarity. That’s how I came to understand that I wanted to leave my job, better love my wife, and be an active presence in the life of my family. It was illuminating and liberating. I began as a life coach skeptic and ended up a zealot, eager to spread the good news of what these sessions meant to and did for me.” – Christian

“I signed up with Coach Kubicek because my wheels were spinning with so many ideas, yet I wasn't moving forward. Mandy helped me intentionally choose a direction and create a path to get there. My income immediately increased, and the systems she introduced are still a part of my routine. I loved the time I spent with Mandy!” – Annie Thompson, Healing Spirit



“I started working with Mandy when I knew I had changes coming in my career and wanted help navigating them. Mandy helped me step back and see the big picture. Every coaching session was really helpful. She gave me confidence both in myself and the decisions I was making. She kept me moving forward much more quickly and more decisively than I would have on my own.” – Kyle

“Working with Mandy was truly an incredible experience. I was launching my company and looking for guidance and tools to fight the self-doubt and discouragement every business owner faces. I never expected to learn so much about myself, gain so much self confidence, and really nail down the heart and passion behind why I chose to do what I do. I learned and grew so much, and my business has grown!” – Lindsay, Lindsay Wolfe Ads



Career Clarity eCourse: How to discover your ideal career

Career Clarity is a digital learning experience consisting of 6 **short video lessons** and 8 **hands-on experiences** such as a worksheet or visualization. Each week you'll receive an email to let you know that a new lesson is available. With **lifetime access**, there is no rush—you can complete at your own pace.

Lesson 1: JOMO (Joy Of Missing Out) | Clarify in just a few powerful words what makes a career meaningful to you, plus learn a decision-making tool that's always at your disposal

Lesson 2: Play fair | Identify easy and fun action steps to immediately get more of what you want from your career

Lesson 3: Meet the geek | Understand the true root cause of your career change resistance and how to recognize it in the moment, so you can snap out of it

“The training was eye opening, to say the least.” –Elizabeth

Lesson 4: Do the math | Learn just enough about your brain so you can add specificity to your career vision and create a detailed action plan

Lesson 5: Puppy paws | Complete your existing to-dos in a way that's not only more enjoyable, but actually gets you closer to your future vision

Lesson 6: Drop the BS | Learn specific, practical tools for getting out of your own way so you can make your biggest dreams come true

“This is a great course and addition to the coaching experience I have gained with you. The content, look & feel of the course is awesome! I appreciated hearing about your professional and personal experiences. Plus, the platform was easy to navigate.” –Sara