

COACH KUBICEK

# New Client Programs

*One-on-one life coaching programs for new clients*



## Results

Based on past client experiences, you can expect results like these:

- A greater sense of **freedom and control** over your life
- **Clarity about what you want**, in work and in life
- A stronger sense of **contribution, purpose**, and spiritual fulfillment
- Feeling more **energized and peaceful**, even amidst situational chaos
- **More confidence** in yourself, your strengths, and your decision making
- Transformation **beyond your career** (romance, home, hobbies, health...)
- **Self-coaching skills** to help you navigate life changes **for years to come**

## Features and benefits

**One-on-one coaching sessions** for awareness, focus, and momentum (2x/month)

**Unlimited email support** to keep you moving forward between sessions (varies)

**Training content** to learn on your own schedule (6 video lessons and 8 experiences)

**Digital check-ins** for celebration and accountability (weekly)

### Career Clarity Program

*Know you're on the right track*

**6 one-on-one coaching sessions**

**3 months of email support**

**Career Clarity eCourse**

**13 weekly check-ins**

### Love Monday Program

*Create the work life you want*

**12 one-on-one coaching sessions**

**6 months of email support**

**Career Clarity eCourse**

**26 weekly check-ins**

## Client testimonials



*“Mandy is an incredibly capable and intuitive coach. With her guidance, I rediscovered parts of myself that I hadn’t realized I’d lost, some of which have become essential and exciting parts of my professional life. Mandy’s support has been vital in finding my way through grief, understanding my goals, and taking concrete, joyful action toward my dreams. Without fail, I come away from our sessions invigorated with fresh perspective and renewed faith in my abilities. I highly recommend her services.” – Teagan*

*“When I started working with Mandy, I felt the pressure of needing to figure out what to do with my life. With her help, I am now working in jobs that I truly enjoy. I definitely recommend working with Mandy. She cheers you on, challenges you, helps you discover more about yourself, and has a wonderful sense of humor!” – Sarah*



*“Working with Mandy was truly an incredible experience. I started my coaching calls at the very beginning of launching my advertising company and was looking for guidance and tools to fight the self doubt and discouragement that every business owner faces. I never expected to learn so much about myself, gain so much self confidence, and really nail down the heart and passion behind why I chose to do what I do. I learned and grew so much during our calls, and my business has been able to grow!” – Lindsay Wolfe, Lindsay Wolfe Ads*

*“I signed up with Coach Kubicek because my wheels were spinning with so many ideas, yet I wasn't moving forward. Mandy helped me intentionally choose a direction and create a path to get there. My income immediately increased, and the systems she introduced are still a part of my routine. I loved the time I spent with Mandy!” – Annie Thompson, Healing Spirit*



*“I started working with Mandy when I knew I had changes coming in my career and wanted help navigating them. Mandy helped me step back and see the big picture. Every coaching session was really helpful. She gave me confidence both in myself and the decisions I was making. She kept me moving forward much more quickly and more decisively than I would have on my own.” – Kyle*

## Career Clarity eCourse: Discover your ideal career

The Career Clarity eCourse is an entirely digital experience, consisting of six video lessons (about 10 minutes each) and eight experiences (such as a worksheet or visualization.)

**Lesson 1: JOMO (Joy Of Missing Out)** | Clarify in just a few powerful words what makes a career meaningful to you, plus learn a decision-making tool that's always at your disposal

**Lesson 2: Play fair** | Identify easy and fun action steps to immediately get more of what you want from your career

**Lesson 3: Meet the geek** | Understand the true root cause of your career change resistance and how to recognize it in the moment, so you can snap out of it

*“The training was eye opening, to say the least.” –Elizabeth*

**Lesson 4: Do the math** | Learn just enough about your brain so you can add specificity to your career vision and create a detailed action plan

**Lesson 5: Puppy paws** | Complete your existing to-dos in a way that's not only more enjoyable, but actually gets you closer to your future vision

**Lesson 6: Drop the BS** | Learn specific, practical tools for getting out of your own way so you can make your biggest dreams come true

*“This is a great course and addition to the coaching experience I have gained with you. The content, look & feel of the course is awesome! I appreciated hearing about your professional and personal experiences. Plus, the platform was easy to navigate.” –Sara*